

**A study on Drugs with School students Parent with reference to Tumkur District,  
Karnataka State, India.**

**by Dr. Nagendrappa. E<sup>[a]</sup>**

**Abstract**

*It is very sad that the drugs entered even to India. The fundamental principles of Indian rich culture are shaking by increase of drugs usage in India at the School stage itself. The place of wisdom i.e schools are slowly, partially contaminating with the practice of bad habits. The drugs mafias are selecting the school students to make them addict at the budding stage itself.*

*Research reveals that there is an increase in trend of Indian population using Heroin across all groups in society, from children aged of 13 years. It is not only drug but also wealthy and elite for people. Students, women, wealthy enclaves, business people and even in slums these drugs are using.*

*It is a severe threat to India that Indian Students are tapping by drug mafia. They made the strategies and plans by creating the platforms and network. This drug mafia concentrates on 8<sup>th</sup> to 10<sup>th</sup> Std students. In that age students would like to explore new things. The busy parents they do not like their children disturbance into their life. They have given the full freedom to their children by giving enough money and credit cards. If bad habits practiced at the school level itself, then the next generations will have more unhealthy citizens. These students not only they spoil themselves but also their friends and society. The addicted students will lose concentration on studies, and lost their humanity itself.*

*There is a high need of introspection to analyse the situation, the factors behind this poisonous movement. This paper tries to analyse the drugs menace in different angles to find the causes, present policies and precautions to eradicate completely from the society. This paper tries to find out the drugs penetration into the markets, its impact and how it can be eradicated.*

**Keywords: Drugs, school students, parents, penetration, addict, habits**

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## 1. Introduction

India is one of the primary consumer of Heroin the world compared with China, Pakistan and Iran. India is the largest grower of licit opium in the world which is used to manufacture morphine and synthetic opium drugs. India is in between Burma and Afghanistan of illicit opium growers.

Heroin known as brown sugar is made of a mixture of 20to 60 percent purity, and adulterants in the form of chalk, zinc or other chemicals. This is popular in India because it is comparatively cheap and readily available. There will be increase in the risk of overdosing and some users suffer serious adverse effects from taking the drug, as the adulterant substances can be toxic. Injecting drug users often suffer from cellulitis or other infections, and respiratory issues are common amongst users who smoke the substance.

People can take Heroin easily but difficult to overcome. The documentation of addictive properties are good but rehabilitation services and medical treatments are not up to mark especially for the poor communities. Exact statistics of Heroin addiction is unknown.

Methamphetamine is a major problem throughout the world and it's use is increasing day by day in India also. The major methamphetamine chemicals are trafficked to major manufacturing countries like China, Thailand, Mexico and America. Methamphetamine use is related to a lot of serious physical and mental health concerns including violence, paranoia, insomnia, organ damage and brain damage. The drugs like Amphetamine drugs are often used by the hard working poor class people as a stimulant to work for long hours with less food and appetite. This drug can damage all the skills, response timings, family relationships, sexual dysfunction and will disable all the activities.

The students drag into the drugs on a friend's doggedness. The marketer of drugs identifies such a schools that where the money is floating. The rich parents by not having the time to spend with their children, they would like to make the children happy by giving unnecessary money, debit cards, credit card and the advance payment methods also. It is becoming fashion and status to the parents that their children should spend money lavishly. The parents/ wards are not ready to hear any sort of complaints of their children from their schools.

The School Managements not having proper methods and measures to control the students may be they are charging enormous fees and donations. The rich parents are in commanding positions that their children should not be punished at any cost. Probably this may be one of the reason for the free of mind. In the ancient days Guru kula system, where the Guru used to teach the Shishya i.e student with the punishment and less comforts. In those days, the student should not live in comfort positions.

The Government is doing its efforts, but somewhere it is not eradicating the drugs penetration may be due to uncontrollable factors. If a good intelligence system finds the causes, root causes, markets, mafias and their penetration, distribution system, the law should be strong and punish the culprits immediately.

The Society should be responsible at the public that they should see their children in the other's children also. Suppose if the person found the child who is taking drugs, they should advice and inform to the parents and police for the purpose of taking an action for controlling.

## **2. Literature Review**

Sanjoy Majumder <sup>[1]</sup>(Feb 2017), in his study in the northern Indian state Punjab morethan 8,60,000 young men between the ages of 15-35 take some form of drugs. 53% of addicts use Heroin as the most preferred, Opium and synthetic drugs such as crystal methamphetamine are also common. In his interview "Mr. Singh tells he has carried his son's body on is shoulders, and tells that no parent should experience such a bad"

Principal of Future Bhubaneswar School <sup>[2]</sup> (Sep 2016), expressed that Drug addiction among children is a concern schools across the country are grappling with. The menace is rapidly snowballing into a social crisis. Ineffective policies, callousness of police, lack of awareness programmes by schools or society at large and increasing presence drug peddlers are contributing to the problem.

Drug abuse is not just a social menace but a brain disease which very often relapses, therefore, making it difficult to curb. Compulsive desire for drug despite knowing its health hazards should be treated as a mental disease. A combination of factors come into play for a drug addict, such as family environment, peer circle, physiological and mental factors et cetera. Drugs augment the dopamine levels in brain. Dopamine is a neurotransmitter that helps control the brain's reward and pleasure centres. Increased levels of dopamine in psychedelic drugs provide

extended periods of hallucinations. Individuals, who wish to run away from social realities generally fall prey to the menace of drug addiction.

Pallavi Rebbapragada<sup>[3]</sup> (Apr 2017), “Delhi has 70,000 children addicted to drugs on its streets: How will they be rescued?” written that School children are an impressionable lot and get lured into addiction in packs. There are 1,240 schools with 13.5 lakh students from Class 6-12. A screening of these children for traces of drug abuse has been suggested. The East and South Delhi municipal corporations have trained their staff at IHBAS for this purpose, along with this, even Mohalla Clinics situated near schools are to start screening students regularly. Along with this, the government has finally admitted the need for a survey that’ll help quantify the problem. Currently, no consolidated survey of drug abuse in school children exists. As per the 2016 survey conducted by jointly by the Women and Child Development Department and AIIMS in 2016, there are 70,000 addicts on Delhi’s streets and their initiation into drugs happens as early as age nine.

IANS<sup>[4]</sup> (July 2017), “Students of over 50 Hyderabad schools, colleges found taking drugs”, revealed that the investigators found that students of even classes eight and nine were using drugs. As they were also found to be communicating with drug peddlers and suppliers, parents and teachers were asked to monitor their use of mobile phones. The investigations also revealed that students including girls are in touch with peddlers through social media apps. In one of the messages sent through WhatsApp, a girl informed the supplier how the drug gave her a high and sought more of it.

Maitreyee Boruah (June 2016), revealed that rampant mostly among youngsters, drug addiction in Bengaluru, though, is not restricted to a particular age group, sex and class in society, say experts. According to a survey conducted by the Karnataka State Temperance Board, Bengaluru, in 2012, about 30% of school and college students in Bengaluru are drug addicts. The Board is an autonomous body, working under the Karnataka government, entrusted with the task of eradicating alcoholism and hazardous drug addiction. The city has 16 licensed rehabilitation centres, including the Centre for Addiction Medicine at the National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru.

### 3. Objectives

- 1) To find out the root cause of drugs addiction of schools students
- 2) To find out the opinion of parent towards drugs
- 3) To suggest the suitable measures to parent, schools and the Government.

### 4. Research Methodology

Primary Data: 100 Parent

Secondary Data: Only for Introduction and Literature Review through the internet sources.

Method: Questionnaire

### 5. Limitations of the Study

- 1) Tumkur City Parent
- 2) Middle Class and Upper Class working parent taken.
- 3) Findings can not be generalized.
- 4) School practices differ.
- 5) Parent families and problems can not be generalized

### 6. Data Analysis and Interpretation

Table 6.1 showing Parent is aware of the drugs penetration and functioning of mafia.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	0	50	50	0	100

50% of the parent is unknown of mafia operations. Hence, the mafia operations took place secretly.

Table 6.2 showing Children will fall into drugs addiction without proper knowledge.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	80	20	0	0	100

80% of the children fall into drugs addiction without proper knowledge. Hence, the marketers use the best tools.

Table 6.3 showing Parent attitude / time spending / negligence towards their child make the child to practice drugs.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
20	60	10	10	0	100

60% of the parent says that there is a role parent attitude or their spending time or negligence towards their child makes to practice drugs.

Table 6.4 showing Parent habit play vital role for choosing the drugs by the children.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	60	10	30	0	100

60% of the parent believes that parent habit will make to choose the drugs.

Table 6.5 showing Non practicing the culture, traditions, joint families is one of the reason for practicing of the drugs.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	50	0	50	0	100

50% of the Parent agrees that the culture, traditions, joint families will control the practicing of the drugs.

Table 6.6 showing Parent financial problems or family problems make the children to choose the drugs.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	20	0	80	0	100

80% parent disagree that financial or family problems make the children to choose the drugs.

Table 6.7 showing Lack of love and affection is the main cause of addiction.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	70	30	0	0	100

70% parent says that lack of love and affection makes the children to addict.

Table 6.8 showing Present education system is not focusing on the moral and ethical values.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	70	30	0	0	100

70% parent says that present education system is not focusing on the moral and ethical values.

Table 6.9 showing There are no good messages from media / movies / tv channels i.e Bad is showing high rather than good.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	80	20	0	0	100

80% parent says that Media/ movies/ tv channels were concentrating and repeating again and again bad things rather than good.

Table 6.10 showing Schools are not teaching the values of ethical practices.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	50	30	20	0	100

50% parent is telling that Schools are not teaching ethical practices.

Table 6.11 showing Schools should implement proper strategies to identify the root cause of the problems and take proper steps towards eradication.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
10	90	0	0	0	100

90% of the parent agrees schools should implement proper strategies to identify root cause and take proper steps towards eradication of the same.

Table 6.12 showing Schools should have separate wing for controlling the drugs.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	70	30	0	0	100

70% of the parent opines that there should be separate wing for controlling the drugs.

Table 6.13 showing Mobile / Whatsup / Social Media is linking the drug addicts fastly.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
0	100	0	0	0	100

100% parent says that Mobile / Whatsup / Social Media is linking students and drugs mafia.

Table 6.14 showing Marketers / Manufacturers should punish severely for controlling of the drugs.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
100	0	0	0	0	100

100% Parent suggests that the culprits should be punished.

Table 6.15 showing Excess Pocket money / Cards make the student to adopt illegal things like drugs.

Strongly Agree	Agree	Neither Agree Nor Disagree	Disagree	Strongly Disagree	Total
100	0	0	0	0	100

100% Parent agrees that excess pocket money / cards will make the children

## 7. Findings

- 1) 50% of the parent is unknown of mafia operations. Hence, the mafia operations took place secretly.
- 2) 80% of the children fall into drugs addiction without proper knowledge. Hence, the marketers use the best tools.
- 3) 60% of the parent says that there is a role parent attitude or their spending time or negligence towards their child makes to practice drugs.
- 4) 60% of the parent believes that parent habit will make to choose the drugs.
- 5) 50% of the Parent agrees that the culture, traditions, joint families will control the practicing of the drugs.
- 6) 80% parent disagree that financial or family problems make the children to choose the drugs.
- 7) 70% parent says that lack of love and affection makes the children to addict.
- 8) 70% parent says that present education system is not focusing on the moral and ethical values.
- 9) 80% parent says that Media/ movies/ tv channels were concentrating and repeating again and again bad things rather than good.
- 10) 50% parent is telling that Schools are not teaching ethical practices.
- 11) 90% of the parent agrees schools should implement proper strategies to identify root cause and take proper steps towards eradication of the same.
- 12) 70% of the parent opines that there should be separate wing for controlling the drugs.
- 13) 100% parent says that Mobile / Whatsup / Social Media is linking students and drugs mafia.
- 14) 100% Parent suggests that the culprits should be punished.
- 15) The Education system should not be marks oriented, it should be value based.

- 16) First the Teachers should have good moral and ethical values.
- 17) Schools themselves practicing bad practices like high donations and fees.
- 18) Law should be strict and culprits should be punished.

## **8. Suggestions**

- 1) It is the request to the Government to have the proper secret agencies for finding these rackets.
- 2) The Schools should have programs and syllabus for making the drugs awareness.
- 3) The Parent should spent their time and love their children.
- 4) Firstly Parent should be taught for good habits and practice their culture, traditions, joint families will control the practicing of the drugs.
- 5) The Education system, syllabus, teacher and environment should focus on ethics and moral values.
- 6) Media should focus on the good values also rather than repeating the bad things, situations.
- 7) The Parent should not give the Mobile / Whatsup and internet with their absence.
- 8) Schools should have ethical practices, strict policies and there should not be discrimination among the students.
- 9) The children should not be given excess money or cards.
- 10) Law should be strict and culprits should be punished.

## **9. Conclusion**

With the Proper Law and order system, punishments implemented by the Government, Schools complete responsibility, Society's eye on student, Parent's utmost role towards grooming their children, a good media and deaddiction centers will make the control of drugs penetration and eradication.

## **10. References:**

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